

# Why CPEC?

CPEC is a place of understanding and inclusion. We support you as a whole person and family, and don't just focus on the disability.

CPEC encourages families to be involved in therapy. CPEC values the journey it takes with families, as we learn about each individual on a personal level and support families to grow together. We thrive off a 'can do' attitude and pride ourselves on relationships formed across different age groups and our team approach. We believe in the capacity of communities to be supported to learn how to include children and adults with cerebral palsy and complex disabilities. Community education is a major focus of our service.



# Contact Us

## Our primary clinic is located at:

End of Beacon Street, Glen Waverley, VIC 3150

## North-West clinic location:

Glenroy Community Hub,  
50 Wheatsheaf Rd, Glenroy, VIC 3046

For all enquiries including booking an appointment, donating or volunteering:

 (03) 9560 0700

 [info@cpec.org.au](mailto:info@cpec.org.au)

 [www.cpec.org.au](http://www.cpec.org.au)



“

The most rewarding thing about my work is the moment where a child sees themselves as someone **who can do things**, whatever that looks like for them, and their parents get to see their child's joy and excitement in being an active person.

”

CPEC Occupational Therapist



## CEREBRAL PALSY EDUCATION CENTRE (CPEC)

provides allied health services and educational programs tailored to meet the individual needs of children, adults and families living with cerebral palsy and complex disabilities.

# About Us

CPEC is an established and innovative centre with over 22 years of experience in therapy service supporting over 235 individuals of all ages living with cerebral palsy and complex disabilities that result in movement, sensory processing and communication challenges. We focus on supporting the whole person to live life on their own terms. Services are designed to be embedded into everyday life activities, with our motto of **“learning for life”**.

## Services offered:

- Physiotherapy
- Speech Pathology
- Occupational Therapy
- Group programs
- Onsite individual therapy
- Individual therapy in your home, school or community
- Holiday therapy programs
- Family support
- Assistive Technology
- School support services
- Aquatic Physiotherapy
- Mollii Exopulse Suit



## Our Purpose

CPEC’s purpose is to empower children, adults and families living with cerebral palsy and complex disabilities to achieve their potential. We aim to educate families and to teach healthy life patterns by supporting individuals to be active participants at home, school or in the community.

We work together as a team (Physiotherapist, Occupational Therapist, Speech Pathologist, Clinical Mentor) to actively problem solve ways to suit each individual to embed therapy into your everyday life.



# CPEC Supports

CPEC strives to ensure that all individuals and families are offered a range of services and opportunities to feel supported and included in the community.

## CPEC offers:

- Access to therapies that aim to improve motor skills, communication abilities and overall quality of life
- Opportunities for individuals and families to socialise, interact and learn together with peers who share similar challenges
- A community of like-minded people
- Team based and person centered services
- Education and parent training
- Consistency and reliability
- Flexibility of therapy to offer clinic based, home based or community based services
- Individualised goal setting
- Access to assistive technology devices and tools that can enhance communication, mobility and learning
- Lifelong skills to embed and integrate into everyday life.

